Guide for Participants

ABORTION BEYOND BOUNDS October 11-12, 2018

Venues: McIntyre Medical Building, 3655 Promenade Sir William Osler; Thomson House Ballroom, 3650 McTavish Street; Café Parvi, 433 Rue Mayor

Arriving in Montreal

Need to Know

- Currency: As of September 2018, Canadian dollar, 1 CAD\$ = 0.77 US\$
- Most common credit cards widely accepted. ATMs widespread across the city in bank offices, as well as in many restaurants and stores.
- Tourist information: https://www.mtl.org/en
- Montreal Construction: Due to widespread construction around campus, there may be delays traveling to campus by bus or taxi, especially around McIntyre Medical Building. Please plan accordingly.

SAVE RECEIPTS!

Invited speakers: please be sure to save your receipts for taxis, hotels etc. so that you can be reimbursed.

Directions from Montreal's Trudeau Airport to Chateau Versailles Hotel (1659 Sherbrooke St W)

- **BUS 747.** 45 min from the airport to Montreal downtown. You will need to buy a \$10 24h pass, an \$18 3-day pass, or a \$25.50 weekly pass in the airport vending machines. These passes get you unlimited travel in the public transportation system throughout the city (bus and metro.) In the airport, as you exit the baggage area and enter the arrival hall you will find the orange vending machines as well as a ticket booth with a sales agent for the public transportation system (STM) who will assist you in selecting the most convenient fare. You can use either cash or credit card at the vending machine or the ticket booth. Please note that if you don't have a ticket, once on the bus only coins are accepted. The buses offer enough space for luggage, have free WIFI, and are handicap accessible.

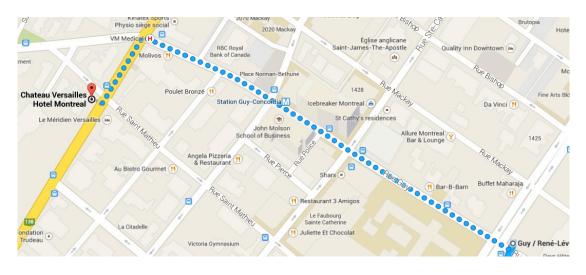
Schedule 747 to Downtown Montreal from Montreal-Trudeau Airport: http://www.stm.info/en/info/networks/bus/shuttle/line-747-east/60997



After approximately 25 minutes you will get off at stop Guy/René Levesque.

When you get off the bus turn right and walk up Guy for about 10 min, until you reach Sherbrooke. Turn left and walk for about 2 min until you reach the Hotel, 1659 Sherbrooke St W, Montreal, QC H3H 1E5

(Please note: the street name Guy changes to Cote des Neiges on the North side of Sherbrooke)



TAXI. 25 min from the airport. A trip from the airport to the city or city to the airport costs about \$40 (Taxi drivers normally get a tip of 10-15%). Montreal taxis do not have a uniform color, so you need to look for the light on the top of the car. Inside they should have a proof of registration and a photo ID installed in a place visible to the passenger. The average rates are \$3.50 at meter drop, \$1.70 per kilometer and \$0.63/minute for any delay. Not all taxis accept credit cards, so please confirm with the company beforehand.

Diamond Taxi: 514 273-6331 (accepts credit and debit cards)

o Taxi Royal: 514 274-3333

Taxi Coop Montréal: 514 725-9885
 Atlas Taxi: 514 485-8585 (upon request)

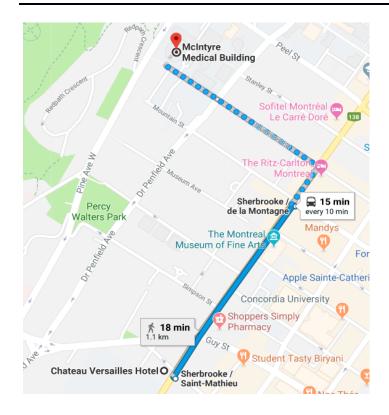
<u>Directions from Chateau Versailles Hotel to McGill University</u>

Conference Venues:
Thomson House Ballroom, 3650 McTavish Street
McIntyre Medical Building, 3655 Promenade Sir William Osler

Café Parvi, 433 Rue Mayor

By public transport:

To McIntyre Medical Building: Take the 24 Bus (direction **East**) at the corner of Sherbrooke and Saint-Mathieu. Walk directly across the street from the hotel to get to the Sherbrooke Street eastbound bus stop. The 24 Bus runs approximately every 10 minutes. Get off after three stops (about a 3 minute ride) at the intersection of Sherbrooke and de la Montagne. Walk one block eastward on Sherbrooke (in the same direction the bus was going). When you reach Drummond Street, cross Sherbrooke and walk up Drummond to the top of the hill. McIntyre Medical Building will be on your right-hand side at the top of the hill. McIntyre is also in walking distance from the hotel and is about an 18 minute walk.





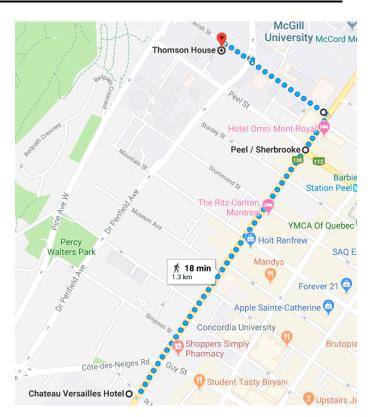
McIntyre Medical Building, 3655 Promenade Sir William Osler

By public transport:

<u>To Thomson House</u>: Same directions as above, but stay on the bus one more stop and get off at Sherbrooke and Peel Street. Cross Sherbrooke and walk about a half a block eastward on Sherbrooke. Take a left on to McTavish Street. Walk up McTavish Street. You will reach some stairs. Walk up the stairs and then cross Dr. Penfield Ave. to keep walking up McTavish Street. Thomson House will be on your left-hand side a few minutes after you cross Dr. Penfield Ave. Walking from the hotel to Thomson House will take you about 18 minutes.



Thomson House, 3650 McTavish Street

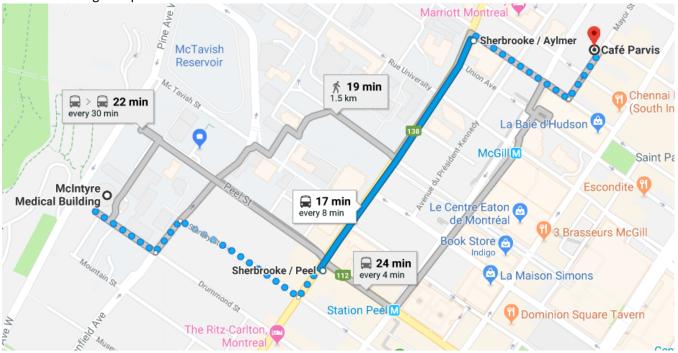


Directions from McGill to Café Parvi (Friday dinner)

By public transport:

Walk downhill on Promenade Sir William Osler toward Sherbrooke. Take the first left on to Dr. Penfield Ave. Walk about a half a block and take the first right on to Stanley Street. Walk downhill to Sherbrooke Street and cross the street. Turn left and walk about one block on Sherbrooke to the bus stop. Take the Eastbound 24 bus (comes approximately every 10 minutes) three stops to Aylmer Street. Take a right on to Aylmer Street. Walk two and a half blocks and take a left on Mayor Street. Walk about five minutes and Café Parvi will be on your left (433 Rue Mayor).

You can walk the same route to the restaurant. You will be walking about eight blocks east on Sherbrooke instead of taking that part of the route via bus.



Directions from Chateau Versailles Hotel to Montreal's Trudeau Airport:

- **BUS 747.** Cross the street from the hotel and walk on Sherbrooke eastward toward campus until Guy Street, turn right and walk to René Levesque Blvd. Turn left and walk two blocks to the bus stop on René Levesque corner Bishop. There you can get the 747 bus to the airport.
- Schedule 747 at Bishop and Rene Levesque to Montreal-Trudeau Airport: http://www.stm.info/en/info/networks/bus/shuttle/line-747-west/52373
- TAXI. 25-30 min. Approximately \$40. REMEMBER TO SAVE RECEIPTS TO BE REIMBURSED.

Moving Around the City

Walking

Montreal is a city full of architectural sights, local commercial shops, and lively neighborhoods. Walking around is a great way to appreciate the city's uniqueness. Autumn is a beautiful time of the year. On a sunny day, if you have time, take time to walk around the area. Nearby you can walk along Sherbrooke, where you will find the Montreal Museum of Fine Arts (Musée des beaux-arts de Montréal) located at 1380 Sherbrooke St W. Further down on Sherbrooke you will find the McCord Museum, located at 690 Sherbrooke St W. The downtown area is also great for shopping, especially Ste-Catherine, which is a short 5-10 min walk from the Hotel. The underground shopping runs from Peel to Union and includes Les Cours Mont-Royal, Place Montreal Trust, the Centre Eaton and La Baie. If you feel like a sportier walk take a stroll up to Mount Royal. Walk up the hill on Peel until you get to Pine Avenue. Cross over Pine and you are on your way up the Mountain trail. If the steep climb of Peel is not to your liking, walk up Drummond/Promenade Sir William Osler and take the staircase for the steepest part of the climb. Mount Royal is perfect to get a feeling of the contrast between the urban center and the Mountain's natural environment.

Montreal is generally a safe city, with a low crime rate. At night, particularly around the University and in the downtown area, streets are full of busy pedestrians. Take the usual precautions and you will have no problems.

Metro and Bus

Public transportation is operated by the Société de transport de Montréal (STM). A single ticket is \$3.25, transfers included. In addition, daily (\$10), weekend (\$13), 3-day (\$18) passes are available. Weekly passes (\$25.50) are available on OPUS card, a smart card on which you can charge all STM transit fares. You can buy a regular OPUS card (\$6) from ticket booth attendants in metro stations. All above-mentioned, 1-day, 3-day, weekly and unlimited weekend passes are also accepted on board of the 747-airport shuttle at no additional cost. For more information on ticket fares and the opening and closing times of individual stations please visit http://www.stm.info/en If you have a smartphone we recommend you download the STM free app to consult bus and metro timetables.

Métro: there are four lines that operate daily from 5:30 a.m. to 12:30 a.m. (1:00am on Saturday). The two lines you will find most useful are the green and orange lines which cover a great part of the city. The green line will leave you directly at Concordia University, McGill University, UQAM, the Gay Village, the Botanical Gardens, and the Olympic Stadium. The orange line stops at the Atwater Market, the Bell Centre, Bonaventure Station, CN Station, the St. Denis shopping district, the Plateau, the Mile End, and the Jean Talon market. These two lines cross at both, Station Lionel-Groulx and Station Berri-UQAM.

Bus: Urban buses run about every 10 min during the day and less regularly at night. Frequency however depends on traffic and weather conditions. In general most bus stops include a line map and timetable, but we recommend consulting the STM-website's travel planner beforehand. Note that to take the bus you will need either to buy a ticket before boarding the bus or coins amounting up to the exact fare.

Language

Montreal is essentially a bilingual city. Most restaurants and stores will happily serve you in English. However, you might find some directions written only in French. For your information, you will find below a selection of common words you might come across. We truly hope you enjoy our city.

Basics

Hello Bonjour/ Allô
Goodbye Au revoir
Excuse me Excusez-moi
Sorry Pardon
Yes/No Oui/Non
Please S'il vous plait

Thank you Merci

Sorry, I don't speak French Désolé, je ne parle pas français

Do you speak English? Parlez-vous anglais? I don't understand Je ne comprends pas

Indications

Entrée Entrance Exit Sortie Convenience Store Dépanneur Toilettes/WC **Toilets** Droite Right Left Gauche Street Rue Prohibited Interdit Stop Arrêt Open Ouvert Closed Fermé Cancelled Annulé Delayed En retard

Information Renseignements

Timetable Horaire
Next Prochain
Last (previous) Dernier

Directions

Where's ...? Oú est ...?

What's the address of...? Quelle est l'adresse de...?

Can you write down the address, please? Est-ce que vous pourriez écrire l'adresse s'il vous plait?

Can you show me (on the map)? Pouvez-vous m'indiquer (sur la carte)?

I'm lost Je suis perdu / perdue

Cafés near the Hotel

Cafe Aunja 1448 Sherbrooke St W, Montreal, QC H3G 1K4 https://www.aunja.com/

Café X

EV Building, (9th Floor)

https://www.facebook.com/cafe.x.montreal/

Cafe Myriade
1432 Rue Mackay Montreal, Quebec http://www.cafemyriade.com

Hvmans

1455 Saint-Catherine St W, Montreal, QC H3G 1S6 No Website

Qabane À Thé 1428 Mackay St, Montreal, QC H3G 2H9 http://qabane.ca/en/home

Pigeon Espresso Bar 1392 Boulevard de Maisonneuve O, Montréal, QC H3G 2E4

http://www.pigeonespressobar.com/

Pattisserie Wawel
1413 Rue Saint-Marc, Montréal, QC H3H 2G4
http://www.patisseriewawel.com/

Restaurants near Hotel

La Panthère Verte (Vegan)
2153 Mackay Street
Montreal, QC H3G 2J2
http://thegreenpanther.com/

Notre Boeuf De Grace (Burgers)
1388 Boulevard de Maisonneuve O,
Montréal, QC H3G 1M6
https://www.notreboeufdegrace.ca/

Brit and Chips (Fish and Chips) 1390 Maisonneuve Blvd W Montreal, QC H3G 2E4 http://www.britandchips.com/

Madras Curry House (South Indian) 1242 Mackay St, Montreal, QC H3G 2H4 http://www.madrascurryhouse.ca

Kinton Ramen (Japanese)
1211 Bishop St, Montreal, QC H3G http://www.kintonramen.com/

Kafein (Sandwiches)
1429 Bishop St, Montreal, QC H3G 2E4
http://kafein.ca/

Hinnawi Bros Bagel (Bagels)
2002 Mackay St, Montreal, QC H3G 2J1
http://www.hinnawibrosbagelandcafe.com/

Altaib (Lebanese)
2125, rue Guy, Montréal, QC H3H 2L9
http://www.altaib.com/index.php

Porchetta (Italian Street Food)
2340 rue Guy Montreal QC H3H 2M2
http://www.porchettamtl.ca

Mon Ami (Korean BBQ)
2081 Saint-Catherine St, Montreal, QC H3H 1M6
http://www.restomonami.com/